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# CARBOARD ROLL

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Cardboard rolls are the perfect material to play with: you can look through them as though they were binoculars, drum with them, cut them and make watches or jewelry out of them. Of course, you can also use them to create puppet theater.



The Train Theater  
תיאטרון הקרון מסרׁח הׁקטאר  
Jerusalem | Israel



# Welcome to BAND-AID

## A Digital Puppet and Object Theater Kit

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A special and innovative Train Theater production in partnership with the Goethe-Institut Israel

In the present kit, you will find videos full of ideas for theater games, puppets and objects, and games in which simple materials turn into animals, puppets and whatnot. Each video has an accompanying document with more activity ideas.

- \* The video is an invitation to play. There are no do's and don'ts, there is no right or wrong.
- \* Each video makes use of one simple and readily available material. Collect a large enough quantity for all of the children participating.
- \* Each video includes plenty of ideas, enough for a month's worth of activities at school.
- \* You don't have to work in order, mix the activities offered and choose your own order.
- \* The activity can be done as a group or one on one - it all depends on the character of the place and the number of children.
- \* Set up an intimate workspace: a small space with a circle of cushions, where you can create and play together.

**We recommend dividing each activity into five parts:**

- 1 Opening ceremony with our hero, Talktalk (see details below)
- 2 Watching the video together
- 3 Warm-up theater games
- 4 Creating an animal or character from the video
- 5 Theater games with the characters you made

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LETS PLAY!

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בואו נשחק!

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# Talktalk

## How to make Talktalk:



**Materials:** two band-aids and/or stickers, a non-erasable marker, a rubber band and material for the hair - a rug, yarn, etc.

**How to prepare:** Look at the picture - we're sure you'll get it!

## Introducing Talktalk:

### **Talktalk's opening song:**

"Hello, hello, hello | hello and good morning to you

Hello, hello, hello, hello | hello and how are you?"

Talktalk is very friendly, he wants to meet each and every child and say hello, give them each a kiss and a tickle.

## Closing the meeting:

Let's invite Talktalk again and show him the children's creations, he will definitely want to see the characters they made and play with them. The children will show him their characters. Talktalk will surely be very impressed.

### **Talktalk's closing song:**

"Hello, hello, hello | Meeting you was fun,

Hello, hello, hello | I will miss you all a ton."

Talktalk wants to say goodbye to each child with a kiss and a tickle, it will help him overcome his sadness, until next time.

## Theater and movement games

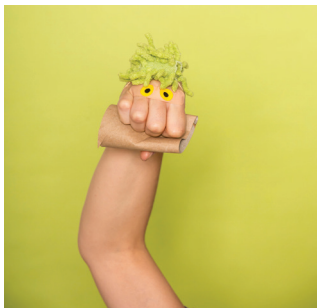


**Pass the roll** - Let's pass the roll from one hand to another, feel it and notice how it passes between us in the circle.

**Telescope** - Look into the roll as if it were a telescope, what do we see? Have you already seen the sea? The desert? And each other?

**I think...** - Let's pretend the roll is a hat, a long nose, etc. In each round in the circle it can become something different.

**Let's build together** - Let's stand several rolls in the center of the circle and build a tower, a wall, a house and more.



# Rabbits

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## Instructions

**Materials:** a cardboard roll, scissors, three band-aids/stickers (two stickers for the eyes and a red sticker for the nose), a non-erasable marker.

**How to use:** Rest the cardboard roll on your index and middle fingers and here we have a rabbit.

## Puppet theater

**Play the rabbit** - the two fingers are the ears, the rest of the fingers are the rabbit's hands. Notice what happens when the hand is open and when it's closed.

- \* Let's invite the children to pet their rabbit and see how happy it is when it is loved.
- \* The rabbit is jumping on your... head (make the rabbit jump on one of the children's heads), the rabbit is jumping on your... knee (make the rabbit jump on one of the children's knees), the rabbit is jumping onto your shoulder and sliding down... and more.
- \* **"Hop-hop"** - One rabbit says "hop hop" and all the rabbits sing along with it. One rabbit jumps and the rest jump after it... one stops and the rest stop with it... (you can also walk around the room and not just stay in your chairs). Jump from right to left, from down up and so on.
- \* **"Where is the food"** - The rabbits go out to search for food in the corners of the room. Jump along with the rabbits from one corner of the room to the other.
- \* **Make up your own game with the rabbits** - For example: Where do they sleep? Do they play other games? And more.
- \* What other puppets can you make out of cardboard rolls?

# Flip

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## Instructions

**Materials:** a cardboard roll, a non-erasable marker. Draw a happy face on one side of the roll and a sad face on the other side.

**How to use:** By turning it on your hand you can change Flip's mood instantly. The rest of our fingers are his hands.

## Singing Flip

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**Instructions:** Just like happy / sad flip but with a different mouth.

Flip is happy / sad - Flip is a simple character: one side is happy, the other is sad. He has a high, pleasant voice and is easy to manipulate.

### Puppet theater

- \* What makes flip happy? Maybe giving him a kiss? Maybe if we give him a present? Try to make flip happy.
- \* What makes flip sad? Try to discover the reason, or maybe there's no reason? Petting or kissing him will definitely make him happy.
- \* The children can join flip: when he's happy they are happy and when he is sad they pretend to cry.

Singing flip is a simple character: On one side his mouth is open, on the other side it's closed. He has a high and pleasant voice and he's easy to manipulate, with an emphasis on silence as opposed to sound and noise.

### Puppet theater

- \* Let's invite the children to imitate flip: as soon as flip turns to the open-mouthed, singing side - all the children sing / shout. As soon as flip turns to the closed mouthed, silent side - all the children are silent. And again and again.
- \* Upside down world: Flip sings and sings and sings, talks nonsense in a strange language... the children tell him to stop and he becomes silent... until he gets bored and goes back to chatting and singing and chatting.

# Watch / Jewelry

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## Instructions

**Materials:** cardboard rolls, scissors, non-erasable markers.

**How to use:** let's make fancy jewelry or ticking watches with the children.

# Jolly band

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## Theater games

\* **Watch** - Let's make ticking sounds for the watch, bring it up to your ear and listen to it. Let's ask: what time is it? What time is it?

\* **Day / night** - When it's morning we can wake up and run to school. When it's night we can skip home, get into bed and fall asleep (you can add more activities from the children's daily routine).

\* **Jewelry** - Let's imagine a piece of jewelry and make the fanciest piece of jewelry in the easiest possible way. We'll add imaginary gems and diamonds, gold, silver and beads. Each child will wear their jewelry and show us how pretty it is.

\* **Crown** - You can turn the piece of jewelry into a crown or anything else. We can clap for the princes and princesses, blow the horn in their honor and bow to them. We'll finish with a jewelry parade or watch exhibition, a ball, a repair shop for broken watches and more.

**Drumstick** - Each child will receive a roll that will become their drumstick. Let's play with rhythm, speed and stop/beat. We'll sing to the children: beat, beat and... stop.

**Rattle** - fill a roll with rice / chickpeas / stones and seal it on both sides. You can also decorate it, and here we have a rattle. Shake it: hard / soft, fast / slow, together and separately.

**Wind instruments** - the roll can easily become a trumpet, flute, any other wind instrument we'd like.

And to close, now that we've created all the instruments, this is the time to create a jolly band: one, two and three!

# Ice cream



## Instructions

**Materials:** cardboard rolls, leftover pieces of different colored cloths or different colored paper.

**How to use:** Thread the cloth into the cardboard roll and here you have a fancy ice cream!

## Theater games

\* The ice cream vendor has come to school -  
"I went into the shop one day  
to get an ice cream treat  
'Cause ice cream is my favorite thing  
my favorite thing to eat"  
Come into the circle with the ice cream song  
and invite the children to form a train behind  
you.

\* The stand has opened - Which flavor would  
you like? (Today I have: vanilla, chocolate,  
strawberry, lemon, and... lizard's tail and pickle  
flavored ice cream and so on). Each child is  
invited to pick flavors and make their favorite  
ice cream.

\* Once the ice cream has been gobbled up,  
you should wash your hands, rub your eyes,  
brush your teeth - and all in pantomime.

\* What other stands can you create with cloth  
and cardboard rolls?

DONE PLAYING?

LET'S MOVE ON TO THE NEXT KIT